

## MATERIALS LIST: HEAD PAINTING WORKSHOP

1. Odorless Turpenoid or Gamsol
2. Viva paper towels or rags
3. (1) 11 x 14 inch canvas's or canvas panel.

Note: I recommend toning your canvas to get rid of the white. Traditionally called "imprimatura".

If your using gesso primed canvas, then mix gesso with a little bit of raw umber to achieve an off white, sort of a crème grey color and then apply to canvas. You want to achieve an average mid-tone.

If your using oil primed canvas, then I suggest a mixture of raw umber and white thinned with turpenoid applied with brush, then rubbed with a rag to achieve an even tone to the canvas. You want to achieve an average gray mid-tone. If applying oil, allow this tone to dry at least 3 days, so you'll have to prepare in advance. ( see photo provided)

4. Brushes: Bristle Brights (short) or Filberts:

Sizes 1, 2, 3, 4, 6, 8. ( I use the standard Utrecht Standard natural Curve Bristle Brights and also use a synthetic combination Silver Bristlon 1901 Bright)

I also recommend various sable or synthetic brushes. I use the Rose Mary brand sable brushes. My favorites are the Short Flat Ser 274 in sizes 2,3,4.

5. Palette knife for mixing and possible applying paint.

6. Brush cleaning jar for cleaning oil brushes. This will be filled with turpenoid or gamsol to clean your brushes.

7. One or two small metal cups to hold turpenoid and one for linseed oil

8. Linseed oil. (500 ml)

9. Wooden Palette approx 12" x 16 or smaller

(9" round wooden palette available at Aaron Bros 3.99)

Apply sealer on wooden palette. I can apply Shellac or an oil rub.

- 10 Recommended oil paints:

1. Lead or Flake White ( Rublev). Titanium White (Winsor Newton) is OK.
2. Yellow Ocre 37ml (Winsor Newton)
3. Cad Yellow ( Winsor Newton) Optional
4. Cad Orange ( Winsor Newton) Optional
5. Terra Rosa 37ml (Winsor Newton)
6. Burnt Sienna ( Winsor Newton)
7. Burnt Umber ( Winsor Newton)
8. Raw Umber ( Winsor Newton)
9. Ivory Black ( Winsor Newton)

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